

Surgical Associates of Austin, P.A.

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Alejandro Esquivel, M.D.

Your surgery has been scheduled for _____, at
_____, and should start at _____. Please check in
at the hospital admissions office by _____.

PRE OPERATIVE INSTRUCTIONS

{ } **DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT THE NIGHT BEFORE SURGERY.** If you take regularly scheduled medications you may take them with a sip of water unless instructed otherwise.

{ } **DISCONTINUE ASPIRIN** (or products containing aspirin) 7 days prior to your surgery. **DISCONTINUE IBUPROFEN PRODUCTS 48 HOURS** prior to surgery.

{ } **WEIGHT LOSS MEDICATIONS** and any **HERBAL MEDICATIONS** should be discontinued 2 weeks prior to surgery.

{ } **WE PREFER THAT** anticoagulants be discontinued 5 days prior to surgery. **IF** you are on any anticoagulants, you are responsible for contacting your prescribing physician to inform them of your surgery date and ask him/her TO NOTIFY US IF THE ANTICOAGULANT CAN BE DISCONTINUED 5 DAYS PRIOR TO YOUR SURGERY.

{ } **IF YOU SMOKE,** we suggest you stop at least 2 weeks prior to surgery.

{ } **A HIBICLENS SHOWER** (an over the counter disinfectant solution-antibacterial soap) should be taken the night before surgery as well as the morning of surgery to help reduce the chance of skin infection:

{ } **SPECIAL PREPS** are usually required prior to abdominal surgeries so please call us immediately if you leave our office without these instructions.

{ } **IF YOU DEVELOP** a fever, rash, cold symptoms or any other medical problems within 24-48 hours prior to your surgery please call to see if we need to cancel your surgery. (Jessica 512-472-1381 ext 105).

Surgery Scheduler

{ } **CARE INSTRUCTIONS** will be given to you before you leave the hospital.

{ } **MAKE ARRANGEMENTS** for someone to drive you home after your surgery.

{ } **CLOTHING & SHOES SHOULD BE COMFORTABLE AND SIMPLE** as you will be required to change into a hospital gown and slippers.

{ } **JEWELRY SHOULD BE NOT WORN** as you will be required to remove them possibly have them misplaced.

{ } **CALL OUR OFFICE** within 48 hours after you get home from surgery to make your follow-up appointment. (512-472-1381 ext. 101 or 106)

****Please be aware that some surgeries may require an assisting surgeon****

Central Office
Plaza St. David
1015 E. 32nd, Suite 308
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